

WASHINGTON STATE HEALTHCARE SAFETY COUNCIL



**Monday, January 31, 2022 0900-1200
Zoom!**

Program:

0900-0915: Welcome, Introductions, Key Messages, and General Wellness Check - Facilitated by WSHSC President, Russell Snyders, PE

0915-1045: Finding Meaning and Resiliency- Cheri Constantino-Shor, MSN, RN, CRNI, CMSRN Director of Professional Engagement and Nursing Excellence, University of Washington



1045-1100: Break & Virtual Networking

1100-1145: From Moral Distress to Moral Courage Melinda Furrer, DNP, RN, CENP, Professional Development Specialist Swedish Medical Center



1145-1200: Final Thoughts & Evaluations
Next Virtual Program **Friday, April 29, 2022 0900-1200** *Lessons Learned from Current Pandemic and Staffing Struggles*

LET'S START OFF 2022 WITH RESILIENCY AND MORAL COURAGE!

Objectives:

1. Identify how the most prominent, immediate impacts of the COVID-19 global pandemic mirrors that of a major disaster.
2. Discuss ways in which the predicted impacts of COVID-19 on behavioral health symptoms will continue to effect healthcare teams and systems.
3. List one way to cultivate resilience and find meaning in a healthcare world under the continued threat of COVID-19.
4. Discuss and describe strategies to turn moral distress into moral courage.
5. Network among peers.

WSHSC is offering its programs in 2022 again FREE to all who are interested! This is our continued gift to you among all the stress and challenges. Let's help support and learn.

Join Zoom Meeting

<https://washington.zoom.us/j/91067909563?pwd=SIBBQ0pNWnNqT1M5MC9QNTRxSElwZz09>

Meeting ID: 910 6790 9563

Passcode: 932011

One tap mobile

+12532158782,,91067909563# US (Tacoma)

+12063379723,,91067909563# US (Seattle)

Dial by your location

+1 253 215 8782 US (Tacoma)

+1 206 337 9723 US (Seattle)

+1 971 247 1195 US (Portland)